

## **Teacher instructions**





A Stem Cell Dream
Using iPS cells to treat disease

### **Summary**

A dialogue based lesson about the real issues in stem cell research. Can induced pluripotent stem (iPS) cells – 'hot stuff' for researchers as it's one of the latest major breakthroughs in stem cell science – be used to treat disease like Parkinson's?

Students are asked to read two news articles and vote if a specific clinical trial mentioned in one of the articles should go ahead or not. After a presentation and two short videos on stem cells and Parkinson's, students are asked to vote again.

#### **Quick facts**

Age group	16 - 19
Group size	Up to 35
Duration	60 min
Technical requirements	Powerpoint, internet connection for showing short videos.
Required materials	<ul> <li>Copies of the 2 news stories for all students</li> <li>3 colour coded cards for voting 'yes, no, or not sure' for each student.</li> <li>Internet or copy of the Michael J Fox story:         <ul> <li>www.youtube.com/watch?v=ECkPVTZlfP8</li> </ul> </li> <li>Powerpoint presentation 'Introducing stem cells' on www.eurostemcell.org</li> <li>Internet or copy of the Stem Cell Story film on www.eurostemcell.org/films</li> </ul>
Teacher role	<ul> <li>Introducing the activity</li> <li>Explaining science of stem cells and iPS cells using the powerpoint presentation and video</li> <li>Explaining patient perspective using Michael J Fox video</li> <li>Mediating questions, teacher guided discussion and voting of students</li> </ul>

## **Preparation**

- Print copies of the 2 news stories
- Make 3 coloured voting cards for each student
- Check if videos and powerpoint presentation are working
- If possible, organise a stem cell scientist, clinician or patient representative to share their opinion if the trial should go ahead or not.











# **Lesson plan and timings**

	Part one (25 min)	
1	Ask students to read	
	<ul> <li>A fictional news story about an application for a clinical trial to treat Parkinson's disease using iPS derived dopamine producing cells</li> <li>An opinion article written in The Times suggesting the medical potential of iPS cells is exaggerated</li> </ul>	
2	Introduce format: a) you will see a video of a Parkinson's patient, b) you'll be asked to vote, c) after we've looked at stem cells in more detail, d) you'll be asked to vote again.	2
3	Explain what Parkinson's disease is and show the video of Michael J Fox.	8
	Ask students to use their coloured cards to vote on three statements, based on the limited info they have. Keep a record of class results, but don't discuss outcome yet.	
	Statements:	
	<ol> <li>I think stem cells are dangerous for patients – yes, no, not sure</li> <li>I think embryonic stem cells have more potential to treat disease than iPS cells – yes, no, not sure</li> <li>I am in favour of a clinical trial using iPS cells to treat Parkinson's disease – yes, no, not sure</li> </ol>	
	Part two (25 min)	
	Introduce stem cells using powerpoint presentation.	20
	<ul> <li>5 min intro film on stem cells (excerpt from a Stem Cell Story film 00:00 – 04:32)</li> <li>recap: properties of stem cells: self renewal and differentiation</li> <li>different types of stem cells: embryonic stem cells / tissue (adult) stem cells</li> <li>discovery in 2006/2007: induced pluripotent stem cells technique</li> <li>why scientists are so excited about iPS cells (personalised treatments)</li> <li>if arranged: a patient representative to tell their own story and respond to presentation (allow for extra time)</li> </ul>	
6	Questions & sum-up	5
	Summarize points made and encourage students to ask questions.	
<u>_</u>	Part three (10 min)	
7	Students vote again. Statements:	5
	<ol> <li>I think stem cells are dangerous for patients – yes, no, not sure</li> <li>I think embryonic stem cells have more potential to treat disease than iPS cells – yes, no, not sure</li> <li>I am in favour of a clinical trial using iPS cells to treat Parkinson's disease – yes, no, not sure</li> </ol>	
8	Teacher guided discussion: have students voted differently? If so, ask individual students what changed their minds.	5



